

# Suggested List for our troops overseas – the “Shoebox Project” – Republican Women of Clallam County (RWCC) 1

## **Candy**

Candy (heat resistant)  
Fruit Breezes (throat drops)  
Twizzlers

## **Correspondence**

Writing paper and envelopes  
Pens/pencils

## **Dental**

Floss  
Mouthwash  
Toothbrushes  
Toothpaste

## **Drink**

Coffee (instant)  
Coffee creamer  
Gatorade  
Powdered drink mixes  
Ea mixes (sweet) or tea bags  
Kool-Aid Bursts (to freeze)

## **Food (including dry goods, snacks)**

Sugar packets  
Bars (Clif or Balance)  
Beef jerky  
Canned fruit (pop-top cans)  
Cereal (in small boxes)

## **Condiments packages (ketchup, etc.)**

Girl Scout cookies  
Granola bars  
Gum (no sticks)  
Oatmeal (instant)  
Pop-Tarts  
Ravioli (pop-top cans)  
Tuna kits

## **Games**

Board games  
  
Checkers (travel size)  
Chess (travel Size)  
Crossword puzzles  
Playing cards

## **Music**

CD fanny packs  
CD's  
Tapes

## **Printed Materials**

Books (novels, short stories)  
Newspapers (local)  
Magazines

## **Toiletries/Hygiene**

Baby wipes  
Chapstick  
Cold water wash (Woolite)  
Baby wipes

Eye drops  
Deodorant  
Feminine hygiene (for female soldiers)  
Foot powder  
Hairbrushes  
Hand lotion  
Hand sanitizers (waterless)  
Nail clippers  
Q-tips  
Razors (disposable)  
Shampoo  
Soap  
Sunscreen  
Tissues (heave duty – ie Puffs)  
Toilet paper (including travel size)  
Tylenol (individual packets)  
Wash rags

## **Other**

American flags (small)  
Baggies (with zip lock)  
Batteries (AA, D...)  
Bug spray (must be packaged in zip-lock bag)  
Duct tape  
Disposable cameras  
Flashlights (mini/mag lite, extra bulbs, lots of batteries)  
Fans (battery-powered, small, with extra batteries)  
Fly strips  
Fly swatters  
Prepaid phone cards  
Shoe insole cushions  
Socks (cushioned)  
Sunglasses (black – no brand names)  
Sweatbands (or panti-liners for use in helmets)